

Safety and efficacy of transthoracic versus transesophageal echocardiography in transcatheter closure of atrial septal defects

Reporting a single center experience from Saudi Arabia

Ahmad S. Azhar, MD, FRCPC.

ABSTRACT

الأهداف: تقييم سلامة وفعالية تخطيط صدى القلب عبر الصدر في مراقبة إجراء عملية إغلاق عيوب الحاجز الأذيني للقلب بطريق القسطرة، بالمقارنة مع صدى القلب عبر المريء.

الطريقة: هذه دراسة استيعابية لكل حالات إغلاق ثقب الحاجز الأذيني بطريق القسطرة والتي أجريت في الفترة ما بين 2005 و2015 بقسم أمراض القلب التداخلية بمستشفى جامعة الملك عبد العزيز في جدة. تم استبعاد حالات المرضى الذين تقل أعمارهم عن 3 سنوات وقت العملية، وكذا الحالات التي لم تبلغ فيها حافة الثقب أكثر من 3 مم. تم تقسيم المرضى إلى مجموعتين: مجموعة المرضى الذين تم علاجهم باستخدام صدى القلب عبر الصدر (مجموعة 1) ومجموعة الذين تم علاجهم باستخدام صدى القلب عبر المريء (مجموعة 2). تمت المقارنة بين المجموعتين فيما يخص البيانات الديمغرافية، بيانات خط الأساس السريرية، بيانات العملية والنتائج.

النتائج: شملت الدراسة 77 حالة: 45 في مجموعة صدى القلب عبر الصدر و28 في مجموعة عبر المريء (متوسط \pm SD العمر = 8.18 ± 5.85 سنوات مقابل 17.68 ± 14.88 سنوات)، بدون فوارق في حجم الثقب الأذيني، ملائمة حافة الثقب، أو العوائق المورفولوجية الأخرى. كل (100%) مرضى المجموعة 2 خضعوا للتخدير العام، مقابل 8,9% فقط من المجموعة 1. كان نشر وتثبيت جهاز الإغلاق ناجحاً بنسبة مقاربة بين كلتي المجموعتين 97,8% مقابل 92,9%، $p=0.554$ بينما كانت مدة العملية 76.27 ± 31.80 مقابل 119.85 ± 19.90 دقيقة، $p < 0.001$ ومدة التنظير 11.29 ± 9.04 مقابل 18.73 ± 11.54 دقيقة، $p=0.003$ أقصر في مجموعة صدى القلب عبر الصدر منه في مجموعة عبر المريء. في ما يخص نسبة حالات المضاعفات ما بعد العملية فكانت متماثلة في كلتي المجموعتين.

الخلاصة: لصدى القلب عبر الصدر فعالية لا تقل عن فعالية صدى القلب عبر المريء فيما يخص تثبيت جهاز الإغلاق، مع تفوق في ميزات السلامة متمثلة في تقليص كبير لمدة العملية والتنظير وتفاؤ للتخدير العام وما يلحق به من أخطار في معظم الحالات.

Objectives: To assess the safety and effectiveness of transthoracic echocardiography (TTE) in monitoring transcatheter closure of atrial septal defect (ASD), in comparison with conventional technique using transesophageal echocardiography (TEE).

Methods: A retrospective review of all cases of transcatheter closure of isolated ostium secundum ASDs operated from 2005 to 2015, at the Pediatric Interventional Cardiology Department, King Abdulaziz University Hospital, Jeddah, Kingdom of Saudi Arabia. Exclusion criteria included age ≤ 3 years at the time of the procedure and rim size ≤ 3 mm. Patients were divided into 2 groups: TTE and TEE group. Demographic and clinical baseline data, procedure data, and outcomes were compared between the 2 groups.

Results: We included 77 cases: 45 in TTE group and 28 in TEE (mean \pm standard deviation age = 8.18 ± 5.85 versus 17.68 ± 14.88), with no significant difference in ASD size, rim adequacy, or other anatomical difficulties. All (100%) patients in TEE group underwent general anesthesia, versus 8.9% in TTE group. Device deployment was comparably successful (97.8% versus 92.9%, $p=0.554$); while procedure time (76.27 ± 31.80 versus 119.85 ± 19.90 minutes, $p < 0.001$) and fluoroscopy time (11.29 ± 9.04 versus 18.73 ± 11.54 minutes, $p=0.003$) were significantly reduced in TTE versus TEE. Prevalence of postprocedural complications was comparable in the 2 groups.

Conclusion: Transthoracic echocardiography has non-inferior efficacy in device deployment with reference to TEE and superior safety features including significant reduction of procedure and fluoroscopy times and lesser use of general anesthesia.

*Saudi Med J 2016; Vol. 37 (11): 1196-1205
doi: 10.15537/smj.2016.11.15617*

From the Department of Pediatric, Faculty of Medicine, King Abdulaziz University, Jeddah, Kingdom of Saudi Arabia.

Received 6th June 2016. Accepted 8th August 2016.

Address correspondence and reprint request to: Dr. Ahmad S. Azhar, Department of Pediatric, King Abdulaziz University, Jeddah, Kingdom of Saudi Arabia. E-mail: aazhar@kau.edu.sa azcardio@hotmail.com

Echocardiography is a precious tool in interventional cardiology including in percutaneous closure of atrial septal defects (ASDs), as it enables real-time guidance of the device and intraprocedural functional and structural evaluations.¹ Atrial septal defect is a common congenital heart disease (CHD) that represents nearly 13% of all CHDs, as reported in different countries including Saudi Arabia.^{2,3} There are different types of ASDs, classified according to their site relative to the fossa ovalis; and the most common types are the ostium secundum defects, accounting for approximately 7% of CHDs.⁴ Structural features of ASDs including defect number, size, and location, rim size, shunt volume, and associated anatomical lesions are characterized by great individual fluctuations.⁵ The success of the procedure judged upon complete closure of the shunt and relies critically on accurate estimation of all these parameters in order to choose the adequate size of the closure device, follow-up its deployment and further complications. Conventionally, trans-esophageal echocardiography (TEE) is the imaging technique of choice in intraprocedural assistance of cardiac catheterization due to its higher resolution images.⁶ On the other hand, there are no practical guidelines in literature regarding feasibility or appropriateness of transthoracic echocardiography (TTE) to guide transcatheter occlusion of ASD;⁷ although several authors support that TTE constitutes a less invasive and more cost-effective alternative that can be performed in considerable number of patients with uncomplicated lesions and adequate anatomical features; in addition to its non-negligible advantage over TEE in that it avoids general anesthesia for the patient.⁸⁻¹¹ This study aimed to evaluate the safety and effectiveness of using TTE imaging in comparison with the conventional technique using TEE, in intraprocedural monitoring of percutaneous transcatheter closure of ostium secundum ASDs. The other objectives were to investigate risk factors of procedural failure; and to compare outcomes between different operators, in an attempt to assess whether an operator-factor may presumably impact failure or success.

Methods. Design. This was a retrospective chart review of all cases of transcatheter closure of ASD who were operated from 2005 to 2015 at the Pediatric Interventional Cardiology Unit in King Abdulaziz

University Hospital (KAUH), Jeddah, Kingdom of Saudi Arabia to 2010. transesophageal echocardiography was the exclusive technique used in percutaneous ASD closure in our department; but since 2010, the TTE was progressively used for both assessment of the ASD size and guidance of the occlude transcatheter deployment. The study was approved by the unit of biomedical ethics of KAUH.

Study population. Indications for ASD closure included echocardiographic and clinical evidence of ASD with left-to-right shunt or right ventricular overload,^{12,13} with the exclusion of cases with severe pulmonary arterial hypertension. Only patients who underwent ostium secundum ASD closure were included in the study. Exclusion criteria included age ≤ 3 years old at the time of the procedure; other associated CHDs; and rim size ≤ 3 mm from the mitral and tricuspid valves. According to the echocardiography technique used, patients were divided into 2 groups: TTE group and TEE group. Demographic and clinical baseline data, procedure data and early and late outcomes data were anonymously collected for comparison between the 2 groups.

Procedures. Interventions were performed in aseptic conditions, by one of 2 certified and qualified interventional pediatric cardiologists in our department. Both TTE and TEE images were acquired using Vivid E9 echocardiography machines (General electric, NY, USA). Moderate sedation or general anesthesia was performed according to the case followed by the administration of heparin with consequent monitoring of activated coagulation time.¹⁴ In TTE group, size and location of the defect, as well as the superior and inferior rim sizes were reevaluated before catheterization on 3 standard echocardiography views: parasternal short axis, apical 4 chamber, and subcostal sagittal. Sedation used single or repeated doses of ketamine IV 0.25- 0.5 mg/kg, midazolam 1-2 mg IV, or fentanyl IV 25-50 mcg.¹⁵⁻¹⁷ In both groups, selection of device size was decided upon intraprocedural measurement of ASD size, using color flow technique:¹⁸ an ASD closure device, Amplatzer double disc septal occluder (St. Jude Medical, St. Paul, MN, USA), with a waist diameter of at least 2 mm larger than the ASD diameter was used. On sedated patient, the right femoral vein was punctured and an appropriate sheath was introduced after hemodynamic study was carried out. An appropriate long sheath is positioned over a wire until reaching the proximal portion of the left upper pulmonary vein. The closure device was loaded into the delivery cable and introduced through the long sheath, guided by fluoroscopy and echocardiography (TTE or TEE) until reaching the tip of the long sheath.

Disclosure. Author have no conflict of interests, and the work was not supported or funded by any drug company.

The device was then pulled with the sheath into the left heart cavity, where the left disc of the device was opened. The sheath and device were then gently pulled as one unit until the left disc lied against the atrial septum. The sheath was pulled further until the right device disc was opened in the right atrium, embracing the atrial septum. The correct position of the device was assured by fluoroscopy and echocardiography, after

which the device was released. Successful deployment of the device was judged upon stable implantation of the device without embolization or malposition.¹⁹ Residual shunt was assessed by color Doppler both in TTE and TEE cases. A final assessment of the position of the device was performed by echocardiography (TTE or TEE, according to the group) and fluoroscopy before removal of the femoral catheters and sheath.

Table 1 - Demographic and clinical baseline data in TTE and TEE groups.

Parameter	TTE (n=45)	TEE (n=28)	P-value
Age at intervention (mean ± SD)	8.2 ± 5.9	17.7 ± 14.9	0.003*
Gender (%)			0.684
Male	14 (31.1)	10 (35.7)	
Female	31 (68.9)	18 (64.3)	
Weight (Kg) (mean ± SD)	25.1 ± 18.1	40.6 ± 24.9	0.006*
Height (cm) (mean ± SD)	114.0 ± 29.5	132.6 ± 28.5	0.010*
BMI (Kg/m ²) (mean ± SD)	29.3 ± 83.7	20.5 ± 6.4	0.485
Clinical baseline data			
Right ventricle dilatation (%)	43 (95.6)	26 (92.9)	0.635
ASD size (mean ± SD)	18.8 ± 6.0	21.3 ± 7.72	0.165
RIM adequacy, (%)			1.000
Adequate	39 (86.7)	25 (89.3)	
Inadequate	6 (13.3)	3 (10.7)	
Other anatomical difficulties, (%)			0.405
None	34 (75.6)	17 (60.7)	
Mild	9 (20.0)	9 (32.1)	
Significant	2 (4.4)	2 (7.1)	

Results are presented as mean ± SD except if otherwise specified, ASD - atrial septal defect, RIM - adequate >5 mm, inadequate 3-5 mm, BMI - body-mass index, TTE - transthoracic echocardiography, TEE - transesophageal echocardiography. *statistically significant result (p<0.050)

Table 2 - Comparison of procedure data and deployment success rate between TTE and TEE groups

Parameter	TTE	TEE	P-value
Operator (%)			0.451
Operator 1	30 (68.2)	16 (57.1)	
Operator 2	14 (31.8)	12 (42.9)	
Device size (mm) (Mean± SD)	21.6 ± 7.0	24.7 ± 7.5	0.081
Sedation (%)			<0.001*
Sedation	41 (91.1)	0 (0)	
GA	4 (8.9)	28 (100)	
Deployment (%)			0.554
Successful	44 (97.8)	26 (92.9)	
Failed	1 (2.2)	2 (7.1)	
Procedure time (min) (Mean± SD)	76.3 ± 31.8	119.9 ± 19.9	<0.001*
Fluoroscopy time (min) (Mean± SD)	11.3 ± 9.8	18.7 ± 11.5	0.003*

Results are presented as frequencies ± percentages except if otherwise specified, TTE - transthoracic echocardiography, TEE - transesophageal echocardiography, GA - general anesthesia, min - minutes. *statistically significant result (p<0.050)

Clinical baseline data. Rim size was defined adequate as ≥ 5 mm or and inadequate as ≥ 3 mm of margin from the mitral and tricuspid valves and right upper pulmonary vein as measured by echocardiography. Associated anatomical abnormalities interfering with the deployment of the device, or good echo-visibility, such as deformities, calcifications, or surgical scars in the chest structures were classified on operator's evaluation into 3 levels of difficulty: none, mild, or significant anatomical difficulty. Heart cavities including right ventricle volume were collected for all participants in baseline, early and late outcomes.

Procedure data. Procedure time was defined as the time from skin puncture to achievement of hemostasis at procedure end.¹⁴ Other procedural data included fluoroscopy time and sedation technique.

Outcomes. Deployment (success/failure) was analyzed as the primary outcome; while residual shunt was analyzed as a secondary outcome. Other significant events occurring before patient's discharge were collected and analyzed as early postprocedural complications. These included device migration (or embolization), arrhythmia, erosion, and thromboembolic complications.²⁰ Embolization was defined as the movement of the device outside of the ASD after its release from the delivery system; arrhythmia as the development of a transient or permanent tachyarrhythmia or heart block during or after the procedure; while erosion was defined as an atrial tissue abrasion consecutive to the procedure.^{13,20} Further cardiovascular adverse events, such as heart block, femoral bleeding, and transfer to surgery were analyzed in both early and late postprocedural assessments.¹⁹

Statistical Methods. Statistical analysis was carried out using the Statistical Package for Social Sciences version 16 for Windows (SPSS Inc., Chicago, IL, USA). Descriptive statistics were used to calculate frequencies and percentages on categorical variables; and means and standard deviations (SD) on continuous variables. Comparison of means between the 2 groups TTE versus TEE was performed using independent t-test; while comparison of the proportions was performed using the Chi-square test. Statistical significance was assumed for a $p < 0.005$.

Results. Demographic and clinical characteristics.

In (Table 1), a total of 77 cases of ASD closure were included, of which 45 were guided by TTE and 28 by TEE. Patients from the TTE group were younger than those from the TEE group: mean \pm SD, [range] age = 8.2 ± 5.9 , [3-27 years] in TTE versus 17.7 ± 14.9 ,

[3-45 years] in TEE, ($p=0.003$). Gender distribution showed no statistically significant difference between the 2 groups ($p=0.684$). Other baseline characteristics showed no significant difference in body mass index (BMI), although there were significant disparity in weights and heights in relation with the significant age

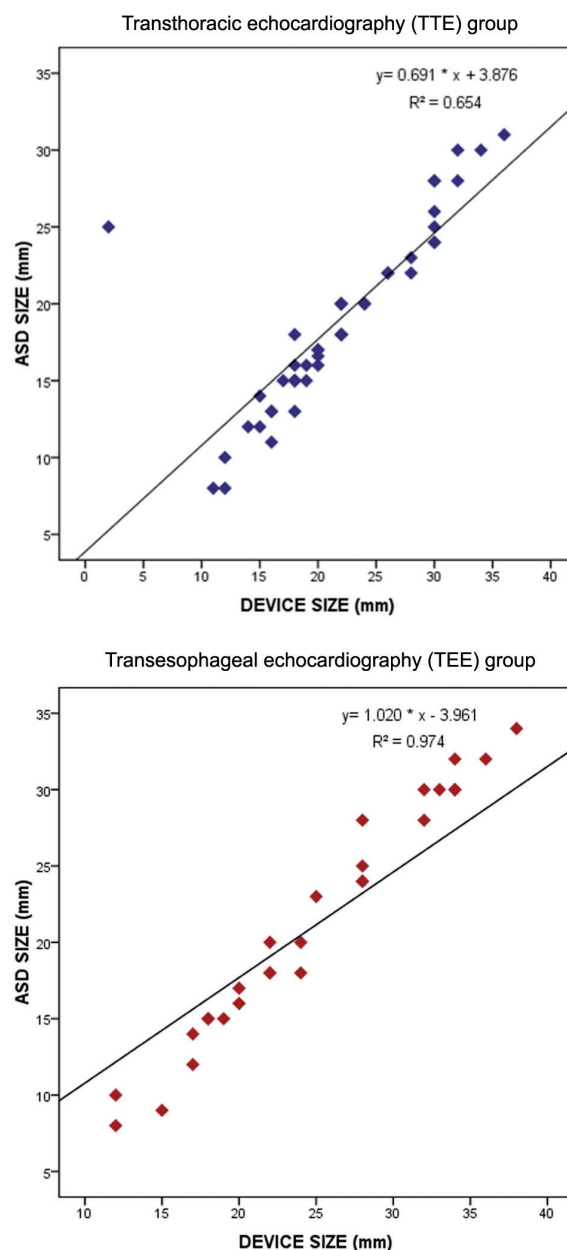


Figure 1 - Pearson's correlation of device-to-defect size in TTE and TEE groups correlation between defect size and device size in transthoracic echocardiography (upper panel, $R^2= 0.691$, $p < 0.001$) and transesophageal echocardiography (lower panel; $R^2=0.974$, $p < 0.001$). ASD- atrial septal defects

discrepancy. Clinical baseline data including mean ± SD ASD size ($p=0.165$), frequency of preoperative right ventricle dilatation ($p=0.635$), rim adequacy ($p=1.000$), and other anatomical difficulties ($p=0.405$) were comparable between the 2 groups.

Procedure characteristics. In (Table 2), in the TTE group, most of the procedures (91.1%) were performed under sedation; while in TEE group, all (100%) were performed under general anesthesia, ($p<0.001$). With respect to device deployment, success rate was comparably high in both groups (97.8% in TTE group versus 92.9% in TEE group) without statistically significant difference. Procedure time (mean ± SD = 76.3 ± 31.8 versus 119.9 ± 19.9, $p<0.001$) and fluoroscopy time (11.3 ± 9.0 versus 18.7 ± 11.5, $p=0.003$) were significantly reduced with TTE as compared with TEE.

Early and late complications. Analysis of the early (≤ 24 hours) and late (>1 day) postprocedural outcomes showed comparable results between the TTE and the TEE groups regarding the prevalence of residual flow, device complications (migration or embolization), arrhythmia, and right ventricle dilatation. However, subjects from the TEE group were followed up for a longer period as compared with the TTE group ($p=0.029$), which is related to the relatively recent use of TTE in ASD closure procedures in our department.

Comparisons of early and late outcomes between the 2 study groups are depicted in Table 3.

Inter-operator performance comparison. Procedure data and early postprocedural outcomes were compared between the 2 operators, to assess whether the interventional performances in ASD closure using TTE may significantly change from an operator to the other. Analysis showed no significant difference between the 2 operators regarding the sedation method used ($p=0.285$), deployment success rate ($p=0.33$), device complications, and procedure time ($p=0.50$); however, only fluoroscopy time was significantly longer in one operator as compared with the other ($p=0.004$) as shown in Table 4.

Correlation of device-to-defect ratio. In Figure 1, we analyzed the correlation between the device size and defect size in both groups using Pearson's correlation. Results showed better correlation between defect size and device size in the TEE group ($R^2=0.974$, $p<0.001$) than in the TTE group ($R^2=0.691$, $p<0.001$).

Discussion. This retrospective study gives evidence of the appropriate use of TTE to guide transcatheter closure of ASD in a majority of patients. Analysis of safety parameters demonstrated that there is advantage in using TTE, in that it reduced the resort to general anesthesia and shortened procedure and fluoroscopy

Table 3 - Comparison of early and late complications between the TTE and TEE groups.

Parameter	TTE	TEE	P-value
Early complications (≤ 24 hours PP (%))			
Residual shunt	7 (15.9)	8 (29.6)	0.232
Device complication value			
Migration	3 (6.7)	1 (3.7)	0.422
Arrhythmia	3 (6.7)	4 (14.3)	
Embolisation	1 (2.2)	0 (0)	
RV dilatation	41 (91.1)	26 (92.9)	1.000
Other early complications	None	No device closure (n=1); Deployment not possible (n=1) Femoral bleeding (n=1)	-
Late complications (>1 day PP)			
Follow-up period, months (mean ± SD)	13.8 ± 8.0	18.3 ± 8.9	0.029*
Residual flow (%)	5 (11.1)	7 (25.0)	0.193
Migration (%)	3 (6.7)	2 (7.1)	1.000
Right ventricle dilatation (%)	2 (4.4)	2 (7.1)	0.635
Other late complications (%)	Device dislodged to RV (n=1), heart block (n=2)	Referred to surgery for removal of migrated device into RV (n=1)	-

All results are presented as frequencies ± percentages except if otherwise specified, TTE - transthoracic echocardiography, TEE - transesophageal echocardiography, GA - general anesthesia, RV - right ventricle, PP - postprocedural, * statistically significant result ($p<0.050$).

times, without increasing the incidence of periprocedural or late complications, in comparison with TEE. In addition, efficacy parameter represented by the 97.8% deployment success rate suggests that TTE could be the technique of reference in monitoring percutaneous ASD closure. Review of literature provides generally comparable data. A prospective study by Bartakian et al¹⁴ compared outcomes of percutaneous ASD closure in patients randomly assigned to either the TTE or TEE group. Authors reported 100% of success in both groups with comparable postprocedural complication rates. Similarly, in a retrospective study, Ding et al¹¹ reported 100% of success in both TTE and TEE groups, including 82 adults. A study by Li et al¹⁰ assessed safety and efficacy of TTE in monitoring ASD transcatheter closure in correlation with the ASD diameter. Authors reported 98.4% of successful deployment in all patients, regardless of their ASD diameter, which ranged between 5 and 38 mm. Another study by Behjati et al²¹ showed 90.5% of successful deployment in ASD closure in a cohort of 63 children and adolescents; all underwent the procedure using TTE. Conversely, other authors reported less enthusiastic results; such as Kardon et al,²² who reported only 75.7% of success rate in a series of 74 patients; and the failed cases were either proceeded with TEE or referred to surgery. These discrepant results are probably explained by differences in respective population characteristics and selection criteria. For example, in our study we included only patients with

isolated ASD, as with Bartakian et al¹⁴ who also excluded cases with inadequate TTE windows; while Ding et al. carried out his study on adult patients.

Regarding procedure data, we demonstrated that both procedure and fluoroscopy times were significantly reduced in the TTE group (76.3 ± 31.8 versus 119.9 ± 19.9 minutes [min]) in comparison with TEE group (11.3 ± 9.0 versus 18.7 ± 11.5 min). Concordant findings were reported by Bartakian et al¹⁴ showing shortened procedure (51 ± 17.6 versus 70.6 ± 23.0 min) and fluoroscopy (13.6 ± 6.2 min versus 8.9 ± 8.5 min) times in TTE versus TEE groups. In their cohort, Behjati et al²¹ similarly reported shorter procedure (47.8 ± 11.2 min) and a fluoroscopy (9.4 ± 4.5 min) times. Aytemir et al,²³ who compared TEE-guided ASD closure with TTE-guided patent foramen ovale (PFO) closure also concluded to even shorter procedural (12.4 ± 3.2 versus 22.3 ± 4.7 min) and fluoroscopy (3.1 ± 1.2 versus 4.1 ± 1.9 min) times in PFO-TTE group versus ASD-TEE group. On the other hand, Pearson correlation showed better device-to-defect ratio in TEE group (R²=0.974, *p*<0.001) than in the TTE group (R²=0.691, *p*<0.001); which reflects better accuracy in case of TEE. Although these results did not affect the outcomes, either at early or late assessments, they are in contradiction with the results reported by Bartakian et al,¹⁴ who found that scaled diameter in TTE was more accurate for sizing the device than stop flow technique in TEE. Additionally, we demonstrated

Table 4 - Comparison of procedure data and short-term outcomes between the 2 operators in the transthoracic echocardiography group (n=45).

Parameter	Operator 1 (n=30)	Operator 2 (n=15)	P-value
<i>Sedation (%)</i>			0.285
Sedation	26 (86.7)	15 (100)	
GA	4 ± 13.3	0 ± 0	
<i>Deployment (%)</i>			0.333 [‡]
Successful	30 (100)	14 (93.3)	
Failed	0 (0)	1 (6.7)	
Procedure time, minutes (mean ± SD)	69.7 ± 25.0	89.3 ± 40.1	0.050
Fluoro time (mean ± SD)	8.7 ± 3.6	16.6 ± 13.6	0.004
Residual flow (%)	3 (10.0)	4 (26.7)	0.286
<i>Device complication (%)</i>			0.254
Migration	1 (3.3)	2 (13.3)	0.149
Arrhythmia	1 (3.3)	2 (13.3)	
Embolization	0 (0)	1 (6.7)	
Right ventricle dilatation	29 (96.7)	12 (80.0)	0.101

All results are presented as frequencies ± percentages except if otherwise specified, GA - general anesthesia, SD - standard deviation, [‡]Fisher's exact test,
*statistically significant result (*p*<0.050)

that TTE is associated with fewer resort to general anesthesia. This constitutes a major advantage over TEE that contributes to the reduction in procedure time, as well. In their randomized study, Bartakian used general anesthesia for all patients, in both TTE and TEE groups;¹⁴ while Behjati et al.²¹ used both moderate sedation or general anesthesia in their cohort of TTE-guided ASD closure. Further, we demonstrated that the benefits of TTE in term of safety and efficacy are maintained from an operator to another. Although fluoroscopy time was significantly longer in one operator, this did not affect procedure time that was comparable between the 2 operators. Also, other major parameters including success rate and complications were comparable between the 2 operators. We could not investigate further operator-related factors, being limited by the retrospective data collection. Still, the comparison we presented indicates that there is no strong operator-factor impacting TTE outcome in term of safety and effectiveness. Another notable outcome of the procedure was the improvement of the right ventricle functions in a consequent number of patients. This was indicated by a decrease in the prevalence of right ventricle dilatation from early to late assessments, which was equally observed in the TTE group (from 91.1 to 4.4%) and TEE group (from 92.9 to 7.1%). These observations are concordant with what was reported by Ding et al,¹¹ who observed no significant difference between the TTE and TEE groups at 3, 6, and 12 months postprocedural assessments of heart cavities dimensions, evidencing a gradual decrease in right ventricular dimension concomitant to increase in left ventricular end-diastolic dimension.

In early and late follow-up, residual shunts were detected 15.9% in the TTE and 11.1% in the TEE group, and 29.6% in the TTE and 25.0% in the TEE group. Residual shunts can be of varying degree and are commonly the consequence of a mismatch between, the device shape and the defect anatomy.⁵ Regarding other early postprocedural complications, device migration occurred in 3 patients from the TTE group and only one patient from the TEE group; arrhythmia occurred in 3 patients from TTE group and 4 from the TEE group; while the only case of embolisation belonged to the TTE group. Similarly, no notable differences were observed between the 2 techniques in late assessments. These showed comparable prevalence of residual shunts and device migration; with the exception of one patient from the TTE group who had the closure device dislodgement into the right ventricle. In concordance with our findings, Behjati et al²¹ reported 21% of cases of arrhythmia and only one case of device

dislodgement and one other case of device embolization; Chen et al²⁴ reported 12.8%; Bartakian¹⁴ observed one case of arrhythmia in the TTE group and 2 in the TEE group, but no major complication in either group; while Aytemir²³ reported 2 (0.5%) cases of periprocedural device embolization and 4 (1.8%) cases of recurrent embolic events during follow-up. Arrhythmia is considered as a minor but prevalent complication of ASD device closure; it accounts for 5% of the medical device reported events. It is more frequently represented by a transient or permanent tachyarrhythmia; and less frequently by a bundle branch block, which is reported in only 0.3% of the patients.²⁰ Device embolization is classified as a major complication and requires surgical retrieval in most cases. It is principally favored by an undersized device or an inadequate rim, besides operator-related technical issues. Safety reports present it as a rare (approximately 0.6% of prevalence) but potential complication of every attempted ASD closure; although the Manufacturer and User Facility Device Experience (MAUDE) database statistics showed it as the most frequent major adverse event.²⁰ These data are supported by a meta-analysis by Abaci et al,⁶ who reported up to 9.4% of major periprocedural complications in percutaneous ASD closure, with device embolization being the most frequent complication. Other potential or rarely reported major complications in transcatheter ASD closure include infections, thromboembolic events, erosion, cardiac perforation, postoperative cardiac arrest, and allergies.^{20,24}

We reported a single case of referral to surgery for removal of the device that migrated to right ventricle; however, this case belonged to the TEE group. There are different motivations for surgical referrals reported in literature. Kardon et al,²² reported 16.2% out of 74 patients who were referred to surgery for surgical closure of ASD after TTE evaluation; while Behjati et al,²¹ and Chen et al,²⁴ resorted to surgery for retrieval of embolized and dislocated devices. Surgical repair used to be the management of choice in ASD closure. It was first attempted in late 1930's; and consecutively, several surgical techniques have been developed.²⁰ However, surgery carries a relatively high risk of complications and necessitates the use of cardiopulmonary bypass; which increases the odds of postoperative complications including pulmonary complications.^{25,26} Consequently, minimally invasive percutaneous transcatheterization with the aid of fluoroscopic imaging and echocardiography has become the preferred method for ASD closure.^{27,28} In addition, it was demonstrated that percutaneous procedures are more cost-effective and allow reducing the physical

and psychological distress to the patients, as well as the operative time and hospital stay.^{29,30} On the other hand, surgical techniques still have an advantage over percutaneous transcatheterization, in that they allow closure of larger ASDs regardless of the types and rims.²⁰

In a practical sense, it is becoming crucial to establish standard criteria and guidelines for the choice of the ASD closure technique, on basis of preprocedural evaluations of each patient's morphological and clinical features. Based on the previously presented literature data supported by our findings, we propose the following decision-tree for optimal selection of the ASD closure technique according to the patient's and setting's parameters. Table 5 summarizes advantages, appropriate indications, and further restrictions of each technique, and the following section details the appropriate indications of each technique.

Indications of TTE. Transthoracic echocardiography represents a safe, cost-effective, and efficacious technique in transcatheter ASD device closure. These advantages justify its use as the technique of choice in order to systematize the related safety benefits. In addition, TTE could be proposed for patients with contra-indications for TEE, such as esophageal malformations or surgically repaired tracheoesophageal fistula or failure of the transesophageal probe,⁹ or those with contraindication for general anesthesia. Furthermore, TTE could be an excellent option for low-resources settings.³¹

Indications of TEE. The use of TEE could be indicated in patients who are eligible for ASD device closure but present with difficult echo windows,

such as obese and overweight persons, or those with morphological deformities that impair trans-thoracic echogenicity.²² However, indications of TEE are limited by general anesthesia-related risks.

Indications of surgery. Surgical repair could be indicated in patients with complex anatomical features, such as large ASDs, insufficient rims or severe associated malformations, such as multiple ASDs and ventricular septal defect.²⁰

Indications of intracardiac echocardiography. Intracardiac echocardiography was recently introduced in ASD device closure; although there is controversy regarding its superiority over TEE in delivering high quality images. It remains, however, a costly technique that requires special training.^{32,33}

This study is limited by the retrospective design; where many confounders, such as demographic and anthropomorphic characteristics have not been controlled. In addition, there is discrepancy in the follow-up periods between the TTE and TEE groups, which is related to relatively recent use of TTE in precutaneous ASD closure in our department; this discrepancy may bias the secondary endpoint represented by the late complications. However, the practical objective expected from this study is to feed into a constructive clinical reflection on best indicated technique of ASD device closure, on the basis of preprocedural criteria.

In conclusion, ASD closure guided by TTE showed non-inferiority with regards to achievement of the device deployment and superiority with regards to reduction of procedure and fluoroscopy times, as compared with

Table 5 - Summary of advantages, proposed specific indications and restrictions of the currently available options for atrial septal defect (ASD) closure.

Technique	Advantages/indications	Restrictions
Device closure guided by transthoracic echocardiography	Reduced cost Less invasive Could be performed under moderate sedation Reduced procedural time Reduced fluoroscopy time	Requires adequate rim Requires good echo window
Device closure guided by transesophageal echocardiography	Difficult echo windows (obese and overweight) Morphological deformities impairing transthoracic echogenicity	Requires adequate rim Requires general anesthesia
Surgical closure	Large ASDs Complex anatomical features Insufficient rims Severe malformations	Cardiopulmonary bypass Risk of postoperative complications Requires general anesthesia
Device closure guided by intracardiac echocardiography	Provides high quality images	Requires adequate rim; Expensive Requires special training

TEE. Moreover, TTE considerably reduced the use of general anesthesia, which minimized the related risks for patients. The operator-factor did not have impact on TTE outcomes in term of safety and effectiveness; and other factors of failure could not be analyzed due to of the low rate of complications and procedure failure. These findings encourage the use of TTE as the technique of choice of ASD device closure, restricting TEE to specific cases with impaired transthoracic echogenicity or after a prior failed attempt by TTE.

Acknowledgment. *The author acknowledges Dr. Jamil Al Ata, King Abdulaziz University, Jeddah, for his support and esteemed partnership; and Dr. Mohamed Amine Haireche, Makkah, Kingdom of Saudi Arabia for his precious support in the data analysis of this paper.*

References

- Maragiannis D, Little SH. Interventional imaging: the role of echocardiography. *Methodist Debakey Cardiovasc J* 2014; 10: 172-177.
- Lardhi AA. Prevalence and clinical significance of heart murmurs detected in routine neonatal examination. *J Saudi Hear Assoc* 2010; 22: 25-27.
- van der Linde D, Konings EEM, Slager MA, Witsenburg M, Helbing WA, Takkenberg JJM, et al. Birth prevalence of congenital heart disease worldwide: a systematic review and meta-analysis. *J Am Coll Cardiol* 2011; 15 : 58: 2241-2247.
- Carlson KM, Justino H, O'Brien RE, Dimas VV, Leonard GT, Pignatelli RH, et al. Transcatheter atrial septal defect closure: modified balloon sizing technique to avoid overstretching the defect and oversizing the Amplatzer septal occluder. *Catheter Cardiovasc Interv* 2005; 66: 390-396.
- Rana BS, Shapiro LM, McCarthy KP, Ho SY. Three-dimensional imaging of the atrial septum and patent foramen ovale anatomy: defining the morphological phenotypes of patent foramen ovale. *Eur J Echocardiogr* 2010; 11: i19-i25.
- Abaci A, Unlu S, Alsancak Y, Kaya U, Sezenoz B. Short and long term complications of device closure of atrial septal defect and patent foramen ovale: Meta-analysis of 28,142 patients from 203 studies. *Catheter Cardiovasc Interv* 2013; 82: 1123-1138.
- Yared K, Baggish AL, Solis J, Durst R, Passeri JJ, Palacios IF, et al. Echocardiographic assessment of percutaneous patent foramen ovale and atrial septal defect closure complications. *Circ Cardiovasc Imaging* 2009; 2: 141-149.
- Sahin M, Özkutlu S, Yıldırım I, Karagöz T, Çeliker A. Transcatheter closure of atrial septal defects with transthoracic echocardiography. *Cardiol Young* 2011; 21: 204-208.
- Zaqout M, Suys B, De Wilde H, De Wolf D. Transthoracic echocardiography guidance of transcatheter atrial septal defect closure in children. *Pediatr Cardiol. Springer* 2009; 30: 992-924.
- Li GS, Kong GM, Wang YL, Jin YP, Ji QS, Li JF, et al. Safety and efficacy of transcatheter closure of atrial septal defects guided by transthoracic echocardiography: a prospective study from two Chinese Medical Centers. *Ultrasound Med Biol* 2009; 35: 58-64.
- Ding C, Chang JK, Lin CC, Wu YJ, Hsieh KS. Efficacy and Safety of Transthoracic Echocardiography Alone in Transcatheter Closure of Secundum-Type Atrial Septal Defects in Adults. *Echocardiography* 2016; 33: 579-585.
- Warnes CA, Williams RG, Bashore TM, Child JS, Connolly HM, Dearani JA, et al. ACC/AHA 2008 Guidelines for the Management of Adults With Congenital Heart Disease: A Report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines (Writing Committee to Develop Guidelines on the Management of A. *J Am Coll Cardiol* 2008; 52: e143-e263.
- St. Jude Medical. AMPLATZER® Atrial Septal Occluder Executive Summary. U.S. Food and Drug Administration. 2012. p. 35. [cited 2016 Apr 6]. Available from: <http://www.fda.gov/downloads/advisorycommittees/committeesmeetingmaterials/medicaldevices/medicaldevicesadvisorycommittee/circulatorysystemdevicespanel/ucm304944.pdf>
- Bartakian S, El-Said HG, Printz B, Moore JW. Prospective randomized trial of transthoracic echocardiography versus transesophageal echocardiography for assessment and guidance of transcatheter closure of atrial septal defects in children using the amplatzer septal occluder. *JACC Cardiovasc Interv* 2013; 6: 974-980.
- Newton A, Fitton L. Intravenous ketamine for adult procedural sedation in the emergency department: a prospective cohort study. *Emerg Med J* 2008; 25: 498-501.
- Dallimore D, Herd DW, Short T, Anderson BJ. Dosing ketamine for pediatric procedural sedation in the emergency department. *Pediatr Emerg Care* 2008; 24: 529-533.
- Gozal D, Mason KP. Pediatric sedation: a global challenge. *Int J Pediatr* 2010; 2010: 701257.
- Hijazi ZM, others. Device closure of secundum atrial septal defects: to balloon size or not to balloon size. *Ann Pediatr Cardiol* 2011; 4: 34-35.
- Vijarnsorn C, Durongpisitkul K, Chanthong P, Chungsomprasong P, Soongswang J, Loahaprasitiporn D, et al. Transcatheter closure of atrial septal defects in children, middle-aged adults, and older adults: failure rates, early complications; and balloon sizing effects. *Cardiol Res Pract* 2012; 2012: 584236.
- Moore J, Hegde S, El-Said H, Beekman R, Benson L, Bergersen L, et al. Transcatheter device closure of atrial septal defects: a safety review. *JACC Cardiovasc Interv* 2013; 6:433-442.
- Behjati M, Mirhosseini S-J, Hosseini S-H, Rajaei S. Transcatheter closure of atrial septal defect with Amplatzer device in children and adolescents: short and midterm results; an Iranian experience. *Iran J Pediatr* 2011; 21: 166-172.
- Kardon RE, Sokoloski MC, Levi DS, Perry JS, Schneider DJ, Allada V, et al. Transthoracic echocardiographic guidance of transcatheter atrial septal defect closure. *Am J Cardiol* 2004 15; 94: 256-260.
- Aytemir K, Oto A, Özkutlu S, Canpolat U, Kaya EB, Yorgun H, et al. Transcatheter Interatrial Septal Defect Closure in a Large Cohort: Midterm Follow-up Results. *Congenit Heart Dis* 2013; 8: 418-427.
- Chen Q, Cao H, Zhang G-C, Chen L-W, Chen D-Z. Safety and feasibility of intra-operative device closure of atrial septal defect with transthoracic minimal invasion. *Eur J Cardiothorac Surg* 2015; 41: 121-125.
- Ji Q, Mei Y, Wang X, Feng J, Cai J, Ding W. Risk factors for pulmonary complications following cardiac surgery with cardiopulmonary bypass. *Int J Med Sci* 2013; 10: 1578-1583.
- Huffmyer JL, Groves DS. Pulmonary complications of cardiopulmonary bypass. *Best Pract Res Clin Anaesthesiol* 2015; 29: 163-175.

27. Butera G, Biondi-Zoccai G, Sangiorgi G, Abella R, Giamberti A, Bussadori C, et al. Percutaneous versus surgical closure of secundum atrial septal defects: a systematic review and meta-analysis of currently available clinical evidence. *EuroIntervention* 2011; 7: 377-385.
28. Geva T, Martins JD, Wald RM. Atrial septal defects. *Lancet* 2014; 383: 1921-1932.
29. da Costa MGS, da Silva Santos M, Sarti FM, Senna MS, Tura BR, Goulart MC. Cost-effectiveness of procedures for treatment of ostium secundum atrial septal defects occlusion comparing conventional surgery and septal percutaneous implant. *PLoS One* 2014; 9: 10.
30. Chen X, Chenna V, Maitra A, Devaraj S. Nanocurcumin attenuates inflammation by decreasing Toll-like receptor 2 and 4 expression and activity and promoting an anti-inflammatory macrophage phenotype (830.22). *FASEB J* 2014; 28: 822-830.
31. Putra ST, Djer MM, Idris NS, Samion H, Sastroasmoro S. Transcatheter Closure of Atrial Septal Defects in a Center With Limited Resources: Outcomes and Short Term Follow-Up. *Iran J Pediatr* 2015; 25: 6.
32. Hijazi ZM, Shivkumar K, Sahn DJ. Intracardiac echocardiography during interventional and electrophysiological cardiac catheterization. *Circulation. Am Heart Assoc* 2009; 119:587-596.
33. Saksena S, Sra J, Jordaens L, Kusumoto F, Knight B, Natale A, et al. A prospective comparison of cardiac imaging using intracardiac echocardiography with transesophageal echocardiography in patients with atrial fibrillation the intracardiac echocardiography guided cardioversion helps interventional procedures study. *Circ Arrhythm Electrophysiol* 2010; 3: 571-577.

References

- * References should be primary source and numbered in the order in which they appear in the text. At the end of the article the full list of references should follow the Vancouver style.
- * Unpublished data and personal communications should be cited only in the text, not as a formal reference.
- * The author is responsible for the accuracy and completeness of references and for their correct textual citation.
- * When a citation is referred to in the text by name, the accompanying reference must be from the original source.
- * Upon acceptance of a paper all authors must be able to provide the full paper for each reference cited upon request at any time up to publication.
- * Only 1-2 up to date references should be used for each particular point in the text.

Sample references are available from:
http://www.nlm.nih.gov/bsd/uniform_requirements.html