

## Book Reviews

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### **Sleep disturbance in children and adolescents with disorders of development: its significance and management**

GREGORY STORES, LUCI WIGGS.  
**Price:** US\$60.00. **Publisher:** Cambridge University Press. **Date of Publication:** 2001. **Place of publication:** UK. **ISBN:** 1-898-68324-7.

Sleep disturbance is one problem which meets the physician or therapist in some organic or psychological diseases and syndromes that is neglected. This book discusses this issue. It begins with a good background and general aspects of normal sleep, its stages and disturbance in each stage. The book continues to discuss in separate chapters specific diseases and syndromes such as Down's

syndrome, autism, cerebral palsy, and so forth and their connection to sleep disturbance. In each disease or syndrome the etiology of sleep disturbance in relation to this syndrome and its management is mentioned. At the end of the book there are some suggestions to develop the importance of this subject.

The good thing about this book, is that it is written in collaboration with several authors and each chapter is independent, and can be read alone. It is a good source of reference for both physicians and psychologists and anybody dealing with children and adolescents.

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