

## Book Review

### **Challenging behavior: Analysis and intervention in people with severe intellectual disabilities**

ERIC EMERSON. 224pp. **Price:** PS29.95.  
**Publisher:** Cambridge University Press. **Place of Publication:** UK. **Date of Publication:** 31 May 2001. **ISBN:** 0-521-794447.

This well-written book provides a wide overview of challenging behavior in mentally retarded people covering the current findings on the nature, epidemiology, causes and treatment. The author clarified, in the introduction, the important terms and definitions used to identify and describe people with mental retardation and their disturbed behavior. In the following chapters he reviewed the basis of assessment, analysis and intervention. Detailed

discussion of behavioral approaches followed by pharmacotherapy approaches with critical comments on the methodological inadequacies of the majority of studies, which have been conducted in this field. A separate chapter was allocated to the effectiveness of implementing and sustaining community-based support. This is a good book and very essential reading for all health care professionals involved in the assessment and treatment of mentally retarded people.

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#### **ANNOUNCEMENT**

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The RITE of the American Academy of Neurology is an excellent test that monitors your knowledge during your training period in Neurology or as a qualified Neurologist. It covers all aspects of clinical, paraclinical aspects of Neurology in addition to basic Neurosciences.

The Department of Neurosciences at Riyadh Armed Forces Hospital conducts the RITE once a year. If you are interested please contact telephone number 4777714 Ext. 5419/5329, fax number 4777194 or E-mail: rkhnksa@zajil.net