

### **Conduct disorders in childhood and adolescence**

JONATHAN HILL, BARBARA MAUGHAN. 581pp. **Price:** N/A. **Publisher:** Cambridge University. **Date of Publication:** 2001. **Place of Publication:** UK. **ISBN:** 0-521-78639-8.

This book is intended as a concise, compact, practical guide for all those interested in the promotion of better patient care. The purpose of the book, of course, is to bring together much of the knowledge pertaining to the issue of conduct disorders in childhood and adolescence. It reviews established and emerging aspects of the topic with contributions from leading clinicians and researchers in the field. They discuss the complexity of the problems and shed some insight on effective strategies in the domain and on the significant progress that has taken place in recent years. It certainly marks an important step in the advancement of this medical field.

This book is interesting to read and the topics were comprehensively presented by leading clinicians and researchers. It seems they have considered it as an important part of their professional responsibility to discuss, analyze and evaluate their practice and clinical findings objectively. This requires knowledge and interpersonal skills by the authors in order to make this presentation perceivable to the readers.

I am confident that this book will be utilized as a reference and guideline by many physicians and healthcare professionals.

**Saleh Al-Jamal**  
*Acting Chief Executive Officer  
Armed Forces Hospital  
PO Box 7897  
Riyadh 11159  
Kingdom of Saudi Arabia*

### **Behavioral neurology in the elderly**

JOSE LEON-CARRION, MARGARET J. GIANNINI. 461pp. **Price:** PS 59.99. **Publishers:** CRC Press LLC. **Date of Publication:** 2001. **Place of Publication:** USA. **ISBN:** 0-8493-20666.

Longevity is increasing in both under developed and developed countries and Gerontology, which is the study of biological, social and behavioral aspects of aging will be the medicine of the 21st Century.

This book provides a comprehensive overview of one of the topics concerning medical and behavioral gerontology today. It provides an insight into how the aging brain affects memory, language as well as motor, emotional, and executive functioning.

It comes in 461 pages, 4 parts and 21 chapters. Part one describes the historical view of aging and healthy living and the epidemiology of aging. Part 2 covers important neuro behavioral issues such as cognitive changes with age, memory and executive dysfunction, motor functioning, emotional disorder and language in the elderly. Part 3 describes neuro behavioral assessment, minimal cognitive improvement and an evaluation of intervention programs for elderly people. Part 4 covers neuro pharmacology for the elderly with emphasis on advances in treatment of dementia, depression and advances in prevention and treatment organic memory disorders.

It is a valuable resource for all, including Professionals working with the elderly in particular the Geriatrician, Neuro-Rehabilitation Physician, Primary Care Physician, Neurologist, Psychiatrist and Clinical Psychologist. This book is a very good buy.

**Maher Al-Jadid**  
*Division of Rehabilitation  
Clinical Neurosciences Department  
Armed Forces Hospital  
PO Box 7897  
Riyadh 11159  
Kingdom of Saudi Arabia*