

## Book Reviews

### **HIV and psychiatry.** *A training and resource manual*

KENNETH CITRON, MARIE-JOSEE BROUILLETTE, ALEXANDRA BECKETT. 346 pp. **Price:** £ 38. **Publisher:** Cambridge University Press. **Date of Publication:** July 2005. **Place of Publication:** United Kingdom. **ISBN:** 0 521 009189.

This is the second edition of this book, whose main editor, Kenneth Citron, sadly died at the age of 46 of a brain tumor. Kenneth left a wealth of information and training guidelines for all careers, relatives and patients in the field of both psychiatry and HIV. The value of this book lies in the fact that psychiatry and HIV have been, and remain, the most controversial health problems due to the stigmatization associated with these problems. This book encompasses the medical overview of HIV in relation to psychiatric syndrome, not skipping the cognitive disorder in people living with HIV. It also incorporates the general principles of pharmacotherapy in addition to psychotherapies, which may be useful to HIV patients who are psychiatrically ill. In fact, it touches on all areas of psychiatric disorder in relation to HIV infection, in addition to drug abuse, which has been very much associated with HIV. I find the book to be a valuable resource for people working with AIDS and psychiatric patients. It not only provides a wealth of information, but simple and clear guidelines to facilitate and provide care for the patient. It addresses a western style population, however, the universality of HIV infection and psychiatric problems makes it readable and enjoyable by any population, regardless of cultural differences. The book is reasonably priced, which renders it accessible to a large number of people. Moreover, it is a great resource for health professionals dealing with HIV and psychiatric patients in understanding, approaching and management of a care plan approach.

*Gamal El-Gurashi*  
*Department of Psychiatry*  
*Armed Forces Hospital*  
*PO Box 7897*  
*Riyadh 11159*  
*Kingdom of Saudi Arabia*

### **The trauma of terrorism**

Yael Danieli, Danny Brown, Joe Sills. 858 pp. **Price:** 69.95 USD. **Publisher:** Haworth Press, Inc. **Date of Publication:** April 2005. **Place of Publication:** USA. **ISBN:** 0 7890 2773 9.

This is a valuable book regarding trauma of terrorism. Terrorism now around the world is not born in this century alone but it has been there from the beginning. The author of the book covers countries that suffer from terrorism and speaks of its psychological effect. He concentrated mainly on territories such as Israel, but failed to mention the government terror in the Palestinian population. I find the book valuable, and will be a useful resource for emergency physicians treating the psychological effects of terrorism.

This book is a valuable contribution despite its huge content.

*Saleh M. Al-Deeb*  
*Editor*  
*Saudi Medical Journal*