

### **Genetic counseling. A psychological approach**

CHRISTINE EVANS, PETER HARPER. 204 pp.  
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A psychological approach in genetic counseling is an interesting topic and amazing subject that tackles several important aspects revealing the holistic answer for our questions concerning family casualties with genetic disorders. This book covers well observations regarding genetic counseling, and the communication between the gene and the family system. The author sheds light on the psychological

processes, pathogenic, and the results of genetic counseling. The author also explains the individual differences in genetic counseling, using attachment theory in addition to the skills of the counselor and the effects on him. The topic is suitable for specialists who work in psychology, family therapists, and social service workers. I believe, that this book is very important to practitioners who needs in-depth information concerning genetic counseling and direct planning to coach families with genetic disorders. Finally, I appreciate the authors' effort in producing this great subject. I enjoyed reading the book and I would highly recommend it to the reader.

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