

### **A clinician's handbook of child and adolescent psychiatry**

CHRISTOPHER GILLBERG, RICHARD HARRINGTON, HANS-CHRISTOPH STEINHAUSEN. 751 pp. **Price:** USD100. **Publisher:** Cambridge University Press. **Date of Publication:** 2006. **Place of Publication:** United Kingdom. **ISBN:** 0-521-81936-9.

This book, which was written by 3 professors in child and adolescent psychiatry and other contributors, is well-presented and organized. It is written in simple and smooth English language. It provides a good and comprehensive overview and coverage of the main psychiatric disorders encountered by child and adolescent psychiatrists in clinical practice. Although the chapters are prepared by different authors, all have a common clear structure

starting with introduction, followed by definition, classification, epidemiology, clinical picture, etiology, treatment, and then the outcome. Some chapters are supported by well-organized tables and appendix containing rating scales. The approach is evidence based with emphasis on clinical practice. It is suitable for child psychiatrists and others who are working in the field of child mental health, such as developmental pediatricians, pediatric neurologists, and child psychologists. In my opinion, although the book is expensive (U\$100), it is a good buy for specialized people.

***Fatima Al-Haidar**  
Division of Psychiatry  
College of Medicine  
King Khalid University Hospital  
PO Box 7805, Riyadh 11472  
Kingdom of Saudi Arabia*