Book Review

Clinical handbook of psychotropic drugs

KALYNA Z. BEZCHLIBNYK-BUTLER, J. JOEL JEFFRIES. 344 pp. **Publisher:** Hogrefe & Huber Publishers. **Date of Publication:** 2005. **ISBN:** 0-88937-293-4.

The revised 15th edition of this handbook is a very informative and comprehensive guideline to Physicians in their daily practice. It provides a very easy to use and straightforward guide to the administration of commonly used psychotropic drugs.

The handbook is comprised of tables, detailing all aspects of psychotropic drugs including indications, general comments, dosage, pharmacokinetics, onset and duration of action. It also incorporates adverse effects for all systems of the body (central nervous system, neurological, anticholinergic, endocrine, cardiovascular and others). In addition, it outlines withdrawal from medications, which may cause

this effect, management of toxicity, and use of psychotropic drugs in the treatment of pediatric and geriatric consideration, and use in pregnancy (breast milk and drug interactions).

The quality of coverage in this handbook is of a very high standard. Information is provided clearly and is geared towards practical use to assist physicians in the course of their work. It is also an excellent reference for those who wish to quickly review any psychotropic medication and all subsequent information they require.

This handbook is a must in clinical and ward areas and is most useful for the Psychiatrist, Neurologist, Clinical Psychologist and Nurse working within Psychiatry and Neurology Departments.

Overall this book is a really good buy, particularly in assisting those working on psychiatric and neurological wards and related clinical areas.

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