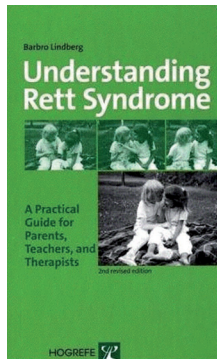


## Book Review



**Understanding Rett Syndrome: A practical guide for parents, teachers, and therapists**

BARBRO LINDBERG. 184 pp. Price: US\$34.95 Publishers: Hogrefe & Huber Publishers. Date of Publication: 2006. Place of Publication: USA. ISBN: 088937306.

This eloquently written book is quite unique in many aspects. First, the book reflects a survey of 39 girls with Rett syndrome, which was carried out by the author using structured interviews with parents, caregivers, and school personnel, and presented from an educational perspective. Both the methodology and the results from this survey provide sources of immense guidance and help for those who are involved with the care, education, and training of affected children. The knowledge could also serve those who are caring for other disorders sharing some similarities to children

with Rett's syndrome. Second, the book gives a concise account of typical symptoms and behaviors, which is quite helpful, especially for those who are not very familiar with Rett syndrome. The book is full of pictures showing such behaviors in one specific girl, Ulrika, with a detailed description of each picture. Third, the book, also presents guidelines for treatment and teaching, which I found to be the most practical and useful guide of its kind. Although the main fields of medicine covered by this book are special education, rehabilitation, and caregivers taking care of children with Rett's syndrome, this book will provide tremendous help to a wide range of professionals and non-professionals dealing with not only Rett's syndrome, but any of the behavioral disorders affecting children. This book is a good buy as a guideline and a reference and will enrich many libraries.

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### REFERENCES

\* References should be primary source and numbered in the order in which they appear in the text. At the end of the article the full list of references should follow the Vancouver style.

\* Unpublished data and personal communications should be cited only in the text, not as a formal reference.

\* The author is responsible for the accuracy and completeness of references and for their correct textual citation.

\* When a citation is referred to in the text by name, the accompanying reference must be from the original source.

\* Upon acceptance of a paper all authors must be able to provide the full paper for each reference cited upon request at any time up to publication.

\* Only 1-2 up to date references should be used for each particular point in the text.

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