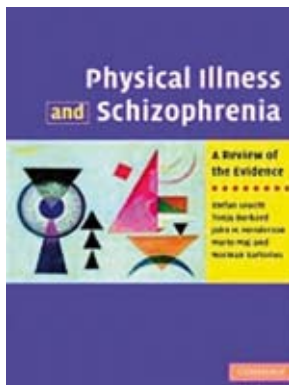


Book Review



Physical illness and schizophrenia: a review of the evidence

STEFAN LEUCHT, TONJA BURKARD, JHON H. HENDERSON, MARIO MAJ, NORMAN SARTORIUS. 208 pp. Price: US\$58.00 Publisher: Cambridge University Press. Date of Publication: November 22, 2007. Place of Publication: UK. ISBN: 9780521856515.

In the preface, it is mentioned that this is the first comprehensive and systemic review on the prevalence of physical diseases in schizophrenic patients. For this, the authors searched MEDLINE to look for this relation. The authors include most of the known physical diseases, and they make their finding for each disease and its relation to schizophrenia and they concluded

that there is an increased prevalence of some physical illness in schizophrenic patients such as cardiovascular disease, obesity, diabetes, and other metabolic disease while the comorbidity with others is still there, but to a lesser degree.

It includes a lot of tables to clarify the studies for specific physical illness and the prevalence of schizophrenia among them, for example, obstetric complications, and a risk of cardiovascular disease in patients with schizophrenia, which helps the reader. It is a good effort and review on this subject and generally, it is useful for psychiatric resident and psychiatrists mainly who work in consultation psychiatric surfaces.

Abdullah Al-Hathloul
Department of Psychiatry
Riyadh Military Hospital
Riyadh, Kingdom of Saudi Arabia

Do you have any comments or questions? Agree or disagree with published articles?

The correspondence section within the journal is a forum to comment on any of the articles published in the journal. Correspondence will not be sent for peer review, and will only be edited for the use of appropriate language. All correspondence should be submitted and published within 6 months from the date of the original publication.

Please submit your correspondence through the journal website (www.smj.org.sa), and don't forget to clearly state the title of the original publication, and your contact details.