

### Pregnancy outcome in women with inflammatory bowel disease

Mahmood D. Al-Mendalawi  
Department of Pediatrics  
Al-Kindy College of Medicine  
Baghdad University  
Baghdad, Iraq

To the Editor

Despite the limited number of the studied pregnant with inflammatory bowel diseases (IBD) (n=31), Saleh et al<sup>1</sup> concluded in their study that women with IBD are generally not at great increased risk for maternal, obstetrical, and neonatal complications compared to the general population. This conclusion could be positively viewed in 2 aspects: 1. It is interesting as it precedes a recently published study, which showed that most women with IBD have generally a normal pregnancy outcome, and overall, IBD during pregnancy poses low-to-moderate risks, the main concern being increased risk of impaired fetal growth.<sup>2</sup> Moreover, it supports the observation that both disease activity in IBD during pregnancy, and the type of medical treatment do not predispose to abnormal birth outcome.<sup>3,4</sup> 2. It is truly reassuring for women with IBD that IBD is not incompatible with maternity. They could conceive safely, provided that they are in the remission stage, and under the close supervision of multidisciplinary team involving not only an obstetrician and gastroenterologist, but also a pediatrician to monitor the disease activity, pregnancy outcome, and the health status of the newborn.

#### Reply from the Author

No reply was received from the Author.

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