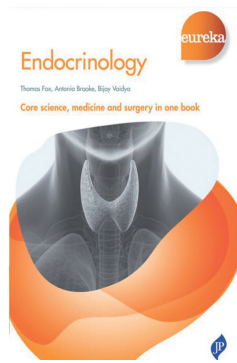


Book Review



Endocrinology. *Core science, medicine and surgery in one book*

Thomas Fox, Antonio Brooke, Bijay Vaidya. 358 pp. **Price:** £22.95. **Publishers:** JP Medical Publishers **Date of Publication:** 2015. **Place of Publication:** United Kingdom. **ISBN-10:** 978-1-907816-71-0.

Eureka book series are designed for comprehensive teaching from basic biomedical science to clinical skills. The target audience, are medical students from first year to qualification. The 3 authors of this book are all endocrine consultants at their hospitals who have been involved in teaching endocrinology to students and registrars.

The book contains 13 chapters starting from basic science, such as embryology, anatomy, physiology, and histology of the endocrine system. The second chapter, focus on the art of obtaining history and performing clinical examination. Chapters 3 to 10 covers the long list of endocrine disorders of each gland, where the diagnosis and management of each disease are presented in detail. Following that, the writers cover the most common endocrine emergencies in clinical practice, followed by a short chapter that discusses briefly some common endocrine diseases that require integrated

care, mainly diabetes and thyroid disorders. The last chapter is a self-assessment 70 MCQ questions with single answer format along with answers and discussion at the end of the chapter. The authors' background and expertise are appropriate for the contents of the book.

The book is a superficial cover of the endocrine disorders, which should be purchased by pre graduate medical students rather than postgraduate residents and fellows, who need books that dig more in the depth of the endocrine system. The general contents of the book are accurate and balanced in a way where information is presented in, as simple and comprehensive as the writers could. The style is clear, concise, and organized in a way where a medical student can use this book as a single reference in preparing for the exams. The book is supported by images with excellent quality and text boxes that aids the reader to simply absorb the material.

In conclusion, the writers met their objective of publishing a book targeting the intended reader-that is the medical student. It is useful as part of a medical student personal collection or in a medical college library.

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