## Institute for Scientific Information-indexed biomedical journals of Saudi Arabia

*Their performance from 2007-2014* 

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## ABSTRACT

الأهداف: مقارنة معامل التأثير (JIF) ودرجة Eigenfactor من معهد المعلومات العلمية المفهرسة (ISI) للمجلات الطبية التي نُشرت من المملكة العربية السعودية على مدى السنوات الثمانية الماضية.

**الطريقة**: أُجريت هذه الدراسة الاستعادية في جامعة الفيصل، الرياض، المملكة العربية السعودية من يناير إلى مارس 2016. تم فيها مراجعة تقارير الأداء ISI Web of Knowledge وشملت 6 المجلات طبية سعودية لتحليلها.

النتائج: تحسنت جميع المجلات السعودية مقارنة مع بداية تطبيقها. كان أكبر تحسن ملحوظ بالنسب الموية ل JIF في المجلة العربية للعلوم الصيدلية (حوالي 887%) تليها مجلة العلوم العصبية (حوالي 462%). وإزدادت جميع درجات Eigenfactor للمجلات الطبية الحيوية، باستثناء المجلة السعودية لطب الجهاز الهضمي والمجلة الطبية السعودية على مر السنين. ولوحظ أكبر نمو في درجات العربية للعلوم الصيدلية.

**الخلاصة**: تبين هذه الدراسة أن الجودة الشاملة لجميع المجلات الطبية السعودية قد تحسنت في السنوات الثمانية الماضية .

**Objectives:** To compare the journal impact factor (JIF) and Eigenfactor score (ES) of Institute for Scientific Information (ISI)-indexed biomedical journals published from the Kingdom of Saudi Arabia (KSA) over the last 8 years.

**Methods:** This is a retrospective study, conducted at Alfaisal University, Riyadh, KSA from January to March 2016. The Journal Citation Reports of ISI Web of Knowledge were accessed, and 6 Saudi biomedical journals were included for analysis.

**Results:** All Saudi journals have improved their IF compared with their baseline. However, the performance of the Journal of Pharmaceutical Sciences and Neurosciences has been exceptionally good. The biggest improvement in percent growth in JIF was seen in the

Saudi Pharmaceutical Journal (approximately 887%) followed by Neurosciences (approximately 462%). Interestingly, the ES of all biomedical journals, except Saudi Journal of Gastroenterology and Saudi Medical Journal, increased over the years. The greatest growth in ES (more than 5 fold) was noted for Neurosciences and Saudi Pharmaceutical Journal.

**Conclusion:** This study shows that the overall quality of all Saudi biomedical journals has improved in the last 8 years.

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Research is an essential component for academics. Thousands of biomedical journals are indexed by Medline; which is considered as the largest portal of the scientific publications. The US National Library of Medicine, which operates Medline has a set of guiding criteria for the inclusion of journals into the database.<sup>1</sup> Another related issue is that of journal impact factor (JIF). The JIF of a scientific journal is the ratio of the number of citations found in the 2 preceding years of articles published and divided by the number of citable items published in the same 2 years.<sup>2</sup> The JIF is calculated and awarded by Thomson Reuters in

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their annual journal citation reports (JCR). The JCR provides quantitative tools for ranking, categorizing, and comparing journals. They have their own, but overlapping criteria with Medline for indexing journals.<sup>3</sup> Interestingly, JIF is not available for all the journals indexed in Medline. For decades, the JIF has been used as an indicator for the relative importance of a journal and has emerged as an important parameter on which many universities, research institutes, and funding agencies assess the individual performances of scientists using the JIF of their publications.<sup>4</sup> Even authors look at the JIF, while choosing a journal for the submission of their work.5 However, various concerns have been raised by the scientific community with regards to the flaws in calculating the JIF.<sup>6,7</sup> These inherent flaws can even be manipulated to increase the JIF for example, by changing the number of publication output.<sup>8</sup> Another important concern on the calculation of JIF has been the focus on the number of citations without taking into account the significance of the citations and other factors. More recently, a relatively more robust and acceptable metric, Eigenfactor score (ES) is being used to represent the significance of the journal. The Kingdom of Saudi Arabia (KSA) is an important country in the Middle East and geographically is the largest in the Gulf region, with an estimated population of 30.77 million.<sup>9</sup> The history of science and education is not very old in this country. However, the Saudi government recognizes the significance of education, research, science, and technology in economic transformation, and encourages research and education in the country.<sup>10</sup> This encouragement has led to significant academic and research activities, launching of various scientific journals, and growth of publications.<sup>10</sup> In our previous study,<sup>11</sup> we measured the research output in terms of quantity and quality in KSA over the last 5 years. However, it would be equally interesting to measure the performance of the Saudi biomedical journals. Therefore, this study was conducted with the main objective of comparing the JIF and ES of biomedical

journals published from KSA over the last 8 years. The secondary objective was to compare the performance of Saudi biomedical journals with their peers in the same category.

**Methods.** This is a retrospective study, conducted at Alfaisal University, Riyadh, KSA from January to March, 2016. The Journal Citation Reports (JCR) of the Institute for Scientific Information (ISI) Web of Knowledge were accessed. Using the option of "Select country/region", Saudi Arabia was selected. The search generated 10 journals published from KSA, which were indexed by ISI. This study focused on biomedical journals; therefore 4 journals specializing in chemistry, geoscience, and mathematics were excluded. The remaining 6 Saudi biomedical journals are presented in Table 1.

The JCR from 2007-2014 for these 6 biomedical journals were accessed to retrieve the data on JIF, Eigenfactor score and ranking of the journals in their respective category. The JIF was not available for 4 journals in 2007, 3 journals in 2008 and 2009, and 2 journals in 2010-2012. Absolute annual changes in JIF were calculated using the first year of assignment of JIF as the baseline.

The number of journals published in the category "Medicine, General, and Internal" varied widely over the study years; hence, the ranking in the category. It was noticed that the analysis of the data are only on the absolute JIF of 2 Saudi medical journals (Annals of Saudi Medicine and Saudi Medical Journal), which may not reflect their performance over the years. Therefore, in order to assess the performance of these 2 Saudi journals in comparison with other journals in this category, the JIF of all other journals were retrieved and the relative performance of Saudi medical journals was compared, creating a new and unique parameter. The mean impact factor (IF) of all the journals in the category of "Medicine, General, and Internal" was calculated for each year from 2007-2014. The absolute JIF of Saudi medical journals in a particular year was

**Table 1** - List of all Institute for Scientific Information-indexed Saudi biomedical journals analysed along with their categories.

No	Name of journal	Category		
1	Annals of Saudi Medicine	Medicine, general, and internal		
2	Neurosciences	Clinical neurology		
3	Saudi Journal of Biological Sciences	Biology		
4	Saudi Journal of Gastroenterology	Gastroenterology and hepatology		
5	Saudi Medical Journal	Medicine, general, and internal		
6	Saudi Pharmaceutical Journal	Pharmacology and pharmacy		

subtracted from the mean IF of the category of the same year. This yielded a difference in the IF between the Saudi journal and the mean of all the journals in that category for each year.

*Statistical analysis.* All the extracted data from the JCR were entered into Microsoft Excel 2013 and then transferred to the Statistical Package for Social Sciences version 15 (SPSS Inc., Chicago, IL, USA) for statistical analysis and plotting.

**Results.** The trajectory of IF and the ranking in their respective category of all 6 biomedical journals published from KSA is presented in Table 2. It can be observed that the pattern of changes in the JIF and the rankings are not the same for all journals. As shown in Figure 1A, all Saudi journals have improved their IF compared with their baseline. However, the performance of the Journal of Pharmaceutical Sciences and Neurosciences has been exceptionally good. These 2 journals have consistently improved their IF over the last 8 years. Interestingly, peaks and troughs were noted for the Annals of Saudi Medicine. A growth in its IF was observed until the year 2012, and then

declined sharply over the next 2 years. Nevertheless, this journal has maintained its IF compared with its baseline vear of 2007, in spite of these troughs. A consistent but slow growth in the Saudi Medical Journal was observed over the last 8 years. Two journals, the Saudi Journal of Biological Sciences and the Saudi Journal of Gastroenterology have been assigned JIF in 2013 by ISI. The IF of the Saudi Journal of Biological Sciences has sharply increased in these recent years; whereas that of the Saudi Journal of Gastroenterology received high JIF in the year 2013, and then slightly decreased in the subsequent year. The percentage growth in the JIF of all Saudi journals compared with their baseline is presented in Figure 1B. As is evident from this figure, all Saudi journals except the Saudi Journal of Gastroenterology markedly improved their IF. The biggest improvement was seen in the Saudi Pharmaceutical Journal (approximately 887%) followed by the Neurosciences (approximately 462%).

Next, the performance of 2 Saudi medical journals; Saudi Medical Journal and Annals of Saudi Medicine were evaluated in comparison with other journals in the same category. As shown in Table 3, the difference between the JIF of Saudi Medical journal and the

Table 2 - Trajectory of JIF and the ranking of Saudi journals in their respective categories from the years 2007-2014.

Year	Annals of Saudi Medicine	Neurosciences	Saudi Journal of Biological Sciences	Saudi Journal of Gastroenterology	Saudi Medical Journal	Saudi Pharmaceutical Journal
2007				0,		·
JIF	0.331	NA	NA	NA	0.329	NA
Ranking	89/100	NA	NA	NA	90/100	NA
2008						
JIF	0.6	0.126	NA	NA	0.396	NA
Ranking	87/107	150/156	NA	NA	97/107	NA
2009						
JIF	0.55	0.112	NA	NA	0.51	NA
Ranking	101/133	162/167	NA	NA	102/133	NA
2010						
JIF	0.697	0.102	NA	NA	0.56	0.13
Ranking	94/153	182/185	NA	NA	102/153	250/252
2011						
JIF	1.071	0.121	NA	NA	0.52	0.662
Ranking	81/155	191/192	NA	NA	112/155	228/261
2012						
JIF	1.103	0.317	NA	NA	0.619	0.954
Ranking	77/155	185/193	NA	NA	109/155	210/261
2013						
JIF	0.705	0.391	0.741	1.221	0.554	1
Ranking	110/156	185/194	1/85	65/75	119/156	208/256
2014						
JIF	0.486	0.708	1.257	1.121	0.588	1.283
Ranking	128/154	176/192	47/85	68/76	117/154	194/255
		<u>J</u> IF - j	ournal impact factor, l	NA - not available		

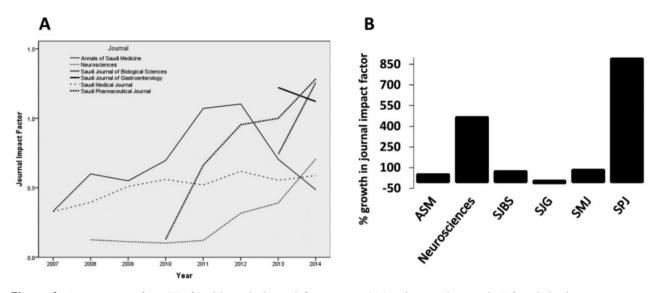


Figure 1 - Year-wise impact factor (IF) of Saudi biomedical journals from 2007-2014 (A), and percent change in the IF from the baseline year 2007 in year 2014 (B). ASM - Annals of Saudi Medicine, SJBS - Saudi Journal of Biological Sciences, SJG - Saudi Journal of Gastroenterology, SMJ - Saudi Medical Journal, SPJ - Saudi Pharmaceutical Journal

Table 3 - Comparative analysis of Saudi medical journals with other journals in the same category.

	Saudi Medical Journal			Annals of Saudi Medicine			
Year	JIF	Mean of other journals	Difference	JIF	Mean of other journals	Difference	
	А	В	B-A	А	В	B-A	
2007	0.329	3.115	2.786	0.331	3.115	2.784	
2008	0.396	3.200	2.804	0.600	3.198	2.598	
2009	0.510	2.645	2.135	0.550	2.645	2.095	
2010	0.560	2.539	1.979	0.697	2.538	1.841	
2011	0.520	2.543	2.023	1.071	2.539	1.468	
2012	0.619	2.561	1.942	1.103	2.558	1.455	
2013	0.554	2.694	2.140	0.705	2.693	1.988	
2014	0.588	2.974	2.386	0.486	2.975	2.489	
			JIF - journal i	mpact factor			

mean of all the remaining journals belonging to the category "Medicine, General, and Internal" fluctuated continuously from 2007 to 2014. As far as Annals of Saudi Medicine is concerned, this difference kept on decreasing until 2012; thereafter, it started to increase. However, for both medical journals, this difference is still low compared with their baseline year 2007. Figure 2 depicts the same data, which shows that there is a statistically significant decreasing trend only from 2007 to 2012 ( $r^2$ >0.78, p<0.019). For each of the 2 journals, a quadratic relationship fits best ( $r^2$ =0.863 and 0.877, p<0.01), which describes a decrease until 2012 and then shows a return to higher values up to 2014.

Figure 3A shows the trend of ES from the years 2007-2014. Interestingly, the ES of all biomedical journals, except the Saudi Journal of Gastroenterology and the Saudi Medical Journal, increased over the years. While the ES of Saudi Journal of Gastroenterology essentially remained the same over the last 2 years, it decreased markedly for the Saudi Medical Journal. When the change in the ES from the baseline year of each journal was calculated, it was consistent with the change in the JIF except for the Saudi Medical Journal (Figure 3B). For this journal, the ES decreased in 2014 compared with that in 2007 in spite of the increase in the JIF. The greatest growth in ES (more than 5 fold) was

noted for the Neurosciences and Saudi Pharmaceutical Journal.

**Discussion.** Bibliometric analysis of the publications and journals is being increasingly used to measure the quality and quantity of publications in a specific area, country, or region including the Arab world.<sup>11-17</sup> Before the introduction of the JIF, the quality of the journal was gauged arbitrarily, based on the parameters like how long it was established, reputation of that journal, the strictness of the peer review, and

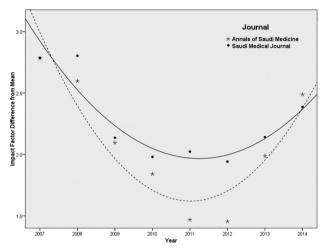


Figure 2 - Year-wise difference in the impact factor (IF) between the Saudi Medical Journal and the Annals of Saudi Medicine, and that of the mean IF of all the other journals in the category "Medicine; General, and Internal".

the acceptance rate. With the assignment of a numerical value to represent the quality of a journal, fierce competition among the journals has been witnessed. In the exact words of Smith (2006), "*Now editors break open bottles of champagne if their impact factor rises by a tenth of a decimal point or burst into tears if it falls.* They build their editorial strategies around increasing their impact factors. Authors, meanwhile, can quote the impact factors of the major journals and use them when deciding where to submit their papers."<sup>18</sup>

There are many concerns raised regarding the usage of the JIF.<sup>19,20</sup> These are mainly related to the evaluation of individual publications as surrogate markers for their quality. Such usage was never intended. Garfield, the person who coined the JIF himself has warned against employing the impact factor for the evaluation of individual articles and scientists.<sup>4</sup> It is meant to be the measure of journal performance. This is exactly how it has been employed in this study.

Lately, many reports have been published, which have analysed the trends of bibliometric parameters including JIF over a certain period of time. These include time-dependent changes in trends of the journals belonging to certain fields or countries.<sup>21-23</sup> These types of studies provide a bird's eye view of biomedical research and document performance of scientific journals in a particular region or category.<sup>24</sup> This study has critically analysed the performance of biomedical journals published from KSA using bibliometric parameters. It explores the bibliographical trajectory of Saudi journals indexed with ISI Web of Science.

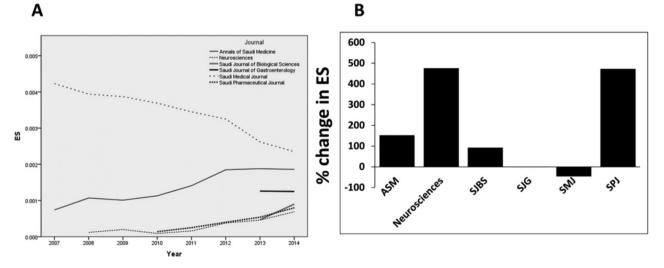


Figure 3 - Year-wise Eigenfactor score (ES) of Saudi biomedical journals from 2007-2014 (A) and percent change in the ES from the baseline year 2007 in year 2014 (B). ASM - Annals of Saudi Medicine, SJBS - Saudi Journal of Biological Sciences, SJG - Saudi Journal of Gastroenterology, SMJ - Saudi Medical Journal, SPJ - Saudi Pharmaceutical Journal

This study looked mainly at 3 parameters as surrogate of time-dependent performance of Saudi journals, namely, JIF, ranking of the journals in their respective category, and ES. The findings of this study evidently show that the Saudi biomedical journals are consistently improving their quality in terms of JIF and ES. However, the outstanding growth in the JIF and ES was noted for 2 journals; Journal of Pharmaceutical Sciences and Neurosciences. The performance of the Journal of Pharmaceutical Sciences was exceptional in the sense that It was first assigned an IF in 2010, when it ranked 250 out of 252 journals in the category of pharmacy and pharmacology. Remarkably, this journal ranked 194 out of 255 journals in the year 2014. This may be due to the fact that this journal is the official organ of the one of the most active scientific societies of KSA namely, Saudi Pharmaceutical Society, and many Saudi researchers in pharmaceutical sciences have opted to publish in this journal.<sup>17</sup>

The ranking of the 2 medical journals; Saudi Medical Journal and Annals of Saudi Medicine was impossible to evaluate since the number of journals in their category was highly variable over the study years. To control for this variability, a new parameter was created based on the difference between the IF of the journal in question and the mean of the rest of the journals in that category "Medicine, General, and Internal", as previously mentioned. This analysis revealed that the difference between the JIF of Saudi medical journals and the mean of all the remaining journals decreased significantly until 2012, thereafter, this statistically significant difference disappeared in the last 2 years. One plausible interpretation of this finding is that although the IF of the 2 medical journals has increased compared with baseline year 2007, other journals in the same category have also increased their IF correspondingly; hence, no improvement in the ranking was observed.

Despite the strength of the JIF, several limitations of this measure must be taken into account. One argument against the use of JIF as a measure of quality is the variability of JIF according to the speciality. This anomaly was taken care of in this study by comparing the JIF of each journal with itself and the contemporary journals in the same category. Effectively, each journal served as its own control over the last 8 years. Another concern raised is inflation of JIF by encouraging authors to self-cite.<sup>25</sup> Therefore, in addition to JIF, we also analyzed the ES to circumvent this anomaly. Analysis of the performance of the Saudi journals using ES as a parameter revealed some interesting data. All journals showed remarkable growth except the Saudi Medical Journal and the Saudi Journal of Gastroenterology. We have the data of Saudi Journal of Gastroenterology for only 2 years and essentially, there was no difference of the ES over the 2 years. However, the ES of the Saudi Medical Journal consistently continued to decrease from the year 2007 until 2014 despite the increase in the JIF (compare **Figure 1A** with **3A**). This finding reinforces the notion that JIF alone is not a suitable measure to gauge the quality of a journal. It needs to be combined with more robust measure like the ES.

Although the results of the present study show that there is an improvement in the JIF, ranking and ES of Saudi biomedical journals over the course of the last 8 years, this change is slow and somewhat inconsistent. The implication of this study is that the data generated will serve as a baseline for future studies evaluation of the performance of Saudi journals in the coming years, and compare them with other regional and international journals. In order to raise the standards of Saudi biomedical journals, a proactive role of the editors is of paramount importance. The journal impact factor is calculated from the equation that defines JIF as the number of citations received by a journal in a particular year for articles published during the last 2 years divided by the number of "citable" articles published by the journal during the same 2 years.<sup>26</sup> The strategies formulated by the editors mainly take advantage of these determinants by either increasing the nominator or decreasing the denominator of the formula as reviewed by Falagas and Alexiou.<sup>27</sup> Another study<sup>28</sup> showed the unique and innovative measures taken by the top medical journal editors for raising the IF of their journals. This included personal approaches to productive and potentially citable research groups for submissions, improving services for authors and media publicity.<sup>28</sup> The impact of media coverage on the number of citation and hence, the JIF was also reported by Phillips et al.<sup>29</sup>

As with other bibliometric studies, this study also has some inherent limitations. The foremost is the inclusion of those Saudi journals, which are indexed in the ISI Web of Science and whose JCR is available. There are other several journals published from KSA, which are neither indexed in Medline nor ISI. Since the main objective of the study was to document the JIF and ES as surrogate markers for quality of Saudi journals over time, this was not possible for journals having no bibliometric data. Another limitation is that the reasons underlying the observed changes in the JIF over the study period have not been analysed. It might have been due to changes in the citations or changes in the publication output, which are the main determinants of a JIF. Alternatively, there might have been the changes in the publication of review articles, which have the potential to be highly cited, and thus, increase the JIF drastically.<sup>30</sup>

In conclusion, this study shows that the overall quality of many Saudi biomedical journals has improved in the last 8 years, and the highest improvement in the IF and ES was observed for the Saudi Pharmaceutical Journal and Neurosciences.

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